

YOUR GIFT MAKE A DIFFERENCE

The Y uses your gift to make a meaningful, life changing impact right here in our own back yard. Your monthly gift of.....

\$12

helps a child overcome the fear of water and gain confidence with a summer full of swim lessons.

\$25

gives a working mom the peace of mind that her child is in a safe, nurturing place for five weeks each afternoon in our afterschool program.

\$50

allows a teen to experience a life changing week with caring adults who are dedicated to the spiritual, mental and physical growth of all teens.

\$75

allows a child that would normally spend the summer alone in front of a TV to experience a world of learning and relationship building in our summer camp program.

\$100

provides multiple families with limited financial resources the hope, health and support they need to stay strong through a family membership.

Why the Y

The Y nurtures the potential of every child and teen by supporting their unique youth development journey through holistic programming. From cradle to career, the Y provides all youth with the tools and resources they need to succeed in life. It is done through a variety of programs. The Y. MAKING POSSIBLE HAPPEN

Child Care

With so many demands on today's families and the increased focus on early brain development, families need all the support they can get to nurture the potential of youth. That's why child care and early learning programs at the Y focus on holistically nurturing child development by providing a safe and healthy place to learn foundational skills, develop healthy, trusting relationships and build self-reliance through the Y values of caring, honesty, respect and responsibility.

Swim, Sports & Play

The Y is the starting point for many youth to learn about becoming and staying active, and developing healthy habits they'll carry with them throughout their lives. And the benefits are far greater than just physical health. Whether it's gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the Y is about building the whole child, from the inside out.

Social Responsibility

We know that when we work together, we move individuals, families and communities forward. The Y responds to society's most pressing needs by developing innovative, community-based solutions to help those in need to reach their full potential. We are also committed to inspiring a spirit of service by uniting individuals from all walks of life to participate in and work for positive social change.



YOU MAKE POSSIBLE HAPPEN.
GIVE TODAY.



Coach a Child Scholarship Fund Campaign

The year 2020 - it is a year that many of us would like to forget. Even though it was a hard year, it did present us with multiple opportunities to serve our community. Just like it has been since 1963, the Prattville YMCA was there to answer the call.

We answered the call for childcare, providing essential workers a safe and wholesome place to leave their children while parents were at work. We helped families stay healthy by providing virtual wellness classes that were good for the body as well as a weekly devotion that was good for the spirit and the mind. We partnered with the school to provide food to children who needed it most, as well as provided grocery pickup for seniors and essential workers. We gave over \$185,000 in financial assistance to over 2500 different individuals. So, even though we had to close the doors for a short time, they were never locked. We continued to meet our core mission of loving our neighbor.

This year our goal is to raise \$218,000 through our Coach a Child Scholarship Fund Campaign. We count on the generosity of our members and partners to keep our doors open to whoever needs a place to go to help them be more healthy, confident, connected and secure.

SCHOLARSHIP PROGRAM

We seek to make our services to all persons regardless of their ability to pay. Scholarships are available to those living in the river region. This assistance is made possible thanks to people like you and the United Way. We are asking you to partner with us to serve those who need it the most. Your gift is 100% tax deductible. We commit to you that we will be good stewards of the resources you provide.

THE Y. MAKING POSSIBLE HAPPEN.



MY Y STORY Helena Rollins



I graduated from an incredibly small high school and moved two hours away to go to a much larger college. I always had a rebellious attitude but did not let it show until I moved away from home. The second semester at college was filled with more partying than studying, which led to my getting pregnant at 18. I had Braelyn when I was 19, followed by her sister when I was 20. In 2017, I met someone who introduced me to my drug of choice, heroin. It took one time to get addicted. It was only a month before I progressed from snorting to shooting. I was missing work and missing out on being a good mom. I stopped for a week but I was hooked and I went back to doing heroin. I overdosed for the first time on March 1, 2018, while I was driving with my daughters in the car. I am not proud of this by any means, but it helped me first realize I had an addiction. Up to this point, I thought I was in control. I had maintained a job, still had my car and my house; but addiction does not let you keep those things and I lost everything but my job. Court dates, fines, random drug tests, and online addiction classes were my new normal. I was not allowed to be alone with my daughters because I couldn't be trusted. I kept doing drugs until finding out I was pregnant again. My youngest daughter has kept me sober throughout this endeavor. If not for her, I don't think I would have gotten sober as quickly as I did, and stay that way. A few months later I started the process of getting my oldest daughter back. There were so many hoops to jump through, and so many avenues to set up prior to being able to realistically care for her full-time again. Paying child support on my middle child drains my paycheck and doesn't leave much room outside of the bills I already had. I knew I could not do it on my own, I needed help and the YMCA was there. Without the YMCA financial assistance, Braelyn would not be with me today. I am so grateful to the YMCA for knowing my background and rather than judging me and potentially making my child suffer, they help me afford amazing childcare. The Y made possible happen for me and my family.



LAST YEAR, MORE THAN
1 IN 5



CHILDREN, TEENS, FAMILIES, AND SENIORS IN OUR COMMUNITY RECEIVED FINANCIAL ASSISTANCE.

Every day at the Y, we inspire everyone to learn, grow, experience and thrive.

Every dollar of your 100% tax deductible donation stays in the river region to build

strong kids, strong families and a strong community.